

	Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
<b>Soup</b>	French onion soup 法式洋葱汤	Corn soup 玉米羹	Minestrone Soup 意式蔬菜汤	Tomato & Egg Soup 番茄蛋汤	Pumpkin Porridge 南瓜粥
<b>Menu (A) Western</b>	beef Vegetable Pizza 牛肉蔬菜披萨 Marguerite Pizza [V] 芝士披萨 Green Peas with Mixed Vegetables 时蔬炒毛豆粒	Grilled Duck Breast with Gravy 香煎鸭胸配肉汁 Cauliflower 黄油炒白菜花 Roasted Pumpkins 烤南瓜	Shepherd's Pie 土豆泥肉酱派 Sweet Corn 黄油玉米粒 Broccoli & Carrot 清炒西兰花胡萝卜	Baked Fish with Tomato Sauce 烤鱼配番茄汁 Baked Potato Wedge 烤土豆角 Carrot Vichy 胡萝卜条	Pasta with Bolognese Basil sauce 意面香草酱牛肉酱 Garlic Bread 蒜蓉面包 Butter Zucchini 黄油西葫芦
<b>Menu (B) Asian</b>	Steamed Fish with Soy Sauce 清蒸鱼 Green pepper fry potatoes 青椒炒土豆 Steamed Millet Rice 二米饭	Stewed Bamboo Shoot with Fillet Steak 冬笋辣味烧牛肉片 Poached Vegetable Heart 白灼菜心 Steamed Rice 米饭	Die fried crispy duck 香酥鸭 Fried Cabbage 醋溜白菜 Steamed Rice 米饭	Colorful Pepper Stir-Fry Beef Fillet 彩椒炒牛肉 Vegetable Fried corn 时蔬玉米粒 Steamed Rice 米饭	Pork Stew with egg 鹌鹑蛋烧鸡肉 Vegetable fried yam 时蔬山药 Steamed Rice 米饭
<b>Daily Special</b>	Fresh Vegetable Cheese Sandwich 健康蔬菜芝士三明治	Chong Qing Beef Noodles 重庆风味牛肉小面	hot and sour vermicelli 酸辣粉	Singapore Fried rice noodles and chicken 新加坡鸡肉蔬菜炒米粉	New Orleans Roast Chicken panini 奥尔良鸡肉帕尼尼
<b>Daily vegetarian</b>	Fresh Vegetable Sandwich 健康蔬菜三明治	Chong Qing Noodles 重庆风味小面	hot and sour vermicelli 酸辣粉	Singapore Fried rice noodles 新加坡蔬菜炒米粉	Cheese panini 芝士帕尼尼
<b>Drinks Salad Bar</b>	Milk/Yogurt 牛奶/酸奶 Fresh Fruit and Salad 新鲜水果和沙拉	Milk/Yogurt 牛奶/酸奶 Fresh Fruit and Salad 新鲜水果和沙拉	Milk/Yogurt 牛奶/酸奶 Fresh Fruit and Salad 新鲜水果和沙拉	Milk/Yogurt 牛奶/酸奶 Fresh Fruit and Salad 新鲜水果和沙拉	Milk/Yogurt 牛奶/酸奶 Fresh Fruit and Salad 新鲜水果和沙拉

	Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
<b>Soup</b>	<b>Mullet Rice Porridge</b> 小米粥	<b>Chinese Cabbage &amp; Vermicelli Soup</b> 白菜粉丝汤	<b>Bean Curd Julienne &amp; Vegetable Soup</b> 豆腐丝蔬菜汤	<b>Red Bean Porridge</b> 红豆粥	<b>Miso Soup</b> 韩式大酱汤
<b>Menu (A) Western</b>	<b>Fajita Chicken Julienne</b> 墨西哥炒鸡丝 <b>Plain Tortillas</b> 墨西哥面饼 <b>Baked Zucchini with Garlic</b> 蒜香西葫芦	<b>Fried Fish Fillet</b> 脆炸鱼排 <b>Baked Potato Wedge</b> 烤土豆角 <b>Broccoli</b> 西兰花	<b>Baked beef with Black Pepper Sauce</b> 黑椒汁焗牛肉 <b>Potato Gratin</b> 奶油焗土豆 <b>Ratatouille</b> 番茄烩茄子西葫芦	<b>Baked Pasta with Bolognese</b> 牛肉酱焗意面 <b>Mixed Vegetables with Mushroom</b> 口蘑炒杂菜 <b>Garlic Bread</b> 蒜蓉面包	<b>Fried fish with Gravy</b> 炸鱼块配烧汁 <b>Fried Potato Cube with Bell Pepper</b> 彩椒土豆丁 <b>Cauliflower with Cherry Tomato</b> 白菜花炒小番茄
<b>Menu (B) Chinese</b>	<b>Sichuan style bean curd with beef</b> 麻婆豆腐牛肉 <b>Dry pot cauliflower</b> 干锅菜花 <b>Steamed Rice</b> 米饭	<b>Sautéed Beef with Cumin &amp; Cilantro</b> 孜然牛肉香菜 <b>Sautéed Cole and Mushroom</b> 蘑菇油菜 <b>Steamed Mullet Rice</b> 二米饭	<b>Sautéed chicken with soy paste</b> 酱爆鸡丁 <b>Sautéed Celery with dry Bean Curd</b> 香干芹菜 <b>Steamed Rice</b> 米饭	<b>Sautéed chicken with Egg &amp; Fungus</b> 苜蓿鸡肉 <b>Braised Tofu with Soy Paste</b> 酱烧豆腐 <b>Steamed Rice</b> 米饭	<b>Braised Beef with Dry Bean Curd</b> 腐竹炖牛肉 <b>lettuce</b> 清炒莴笋 <b>Fried Rice with mix vegetable</b> 什锦炒饭
<b>Daily Special</b>	<b>Fried Noodles with Beef &amp; Black Pepper</b> 黑椒牛肉蔬菜炒面	<b>Grilled chicken &amp; Cheese Sandwich</b> 煎鸡肉奶酪三文治	<b>Beijing Noodle with Fungus Sauce</b> 老北京打卤面	<b>Indonesian Fried Rice with beef</b> 牛肉印尼炒饭	<b>Duck Wrap Bei Jing Style</b> 北京风味鸭肉卷
<b>Daily vegetarian</b>	<b>Fried Noodles with Black Pepper</b> 黑椒蔬菜炒面	<b>Grilled Cheese Sandwich</b> 煎奶酪三文治	<b>Beijing Noodle with Fungus Sauce</b> 老北京打卤面	<b>Indonesian Fried Rice with vegetable</b> 蔬菜印尼炒饭	<b>vegetable Wrap Bei Jing Style</b> 北京风味蔬菜卷
<b>Drinks Salad Bar</b>	<b>Milk/Yogurt</b> 牛奶/酸奶 <b>Fresh Fruit and Salad</b> 新鲜水果和沙拉	<b>Milk/Yogurt</b> 牛奶/酸奶 <b>Fresh Fruit and Salad</b> 新鲜水果和沙拉	<b>Milk/Yogurt</b> 牛奶/酸奶 <b>Fresh Fruit and Salad</b> 新鲜水果和沙拉	<b>Milk/Yogurt</b> 牛奶/酸奶 <b>Fresh Fruit and Salad</b> 新鲜水果和沙拉	<b>Milk/Yogurt</b> 牛奶/酸奶 <b>Fresh Fruit and Salad</b> 新鲜水果和沙拉