

	Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
<b>Soup</b>	<b>Tofu and Fungus Soup</b> 木耳豆腐羹	<b>Corn Soup</b> 玉米羹	<b>Purple rice Porridge</b> 紫米粥	<b>Hot and Sour Soup</b> 酸辣汤	<b>Tomato and Egg Soup</b> 番茄蛋汤
<b>Menu (A) Western</b>	<b>Roasted Tandoori pork</b> 咖喱烤猪肉 <b>Mixed Peas</b> 黄油炒混合豆 <b>Mashed potatoes</b> 奶香土豆泥	<b>Bolognaise Baked Pasta</b> 牛肉酱焗面 <b>Cauliflower and tomato with Garlic</b> 蒜蓉白菜花小西红柿 <b>Corn on Cob</b> 甜玉米棒	<b>BBQ Pork</b> 烧烤猪梅花肉 <b>Sweet Corn</b> 黄油玉米粒 <b>Baked Potato and Cheese</b> 芝士焗土豆	<b>Italian Chicken Mushroom Gravy</b> 意大利烤鸡蘑菇汁 <b>Mixed Vegetables</b> 混合时蔬 <b>Garlic Bread</b> 蒜蓉面包	<b>Pasta with Bacon Tomato Sauce</b> 意面番茄培根酱 <b>Broccoli with Carrot</b> 西兰花炒胡萝卜 <b>Potato Wedges</b> 薯角
<b>Menu (B) Asian</b>	<b>Sautéed Beef with Cumin (Beef, onion)</b> 孜然牛肉 (牛肉、洋葱) <b>Lettuce Root</b> 清炒莴笋 <b>Steamed Rice</b> 米饭	<b>Fish Sour soup</b> 酸汤鱼块 <b>Scramble Egg with Tomato</b> 番茄炒蛋 <b>Steamed Rice</b> 米饭	<b>Sichuan style stir-fry Chicken</b> 四川风味宫爆鸡丁 <b>Fried Chinese Cabbage with Vinegar</b> 醋溜白菜 <b>Steamed Rice</b> 米饭	<b>Braised Beef with Turnip</b> 萝卜炖牛肉 <b>Sautéed Potato Juliennes</b> 酸辣土豆丝 <b>Steamed Rice</b> 米饭	<b>Spicy Duck Wing</b> 麻辣鸭翅 <b>Fried Vermicelli with Vegetables</b> 中式炒合菜 <b>Steamed Rice</b> 米饭
<b>Daily Special</b>	<b>Chong Qing Beef Noodles</b> 重庆风味牛肉小面	<b>Cheese Pizza</b> 素芝士披萨	<b>Teriyaki Beef with Rice</b> 日式牛肉饭	<b>BaoZai Rice</b> 腊肠煲仔饭	<b>Whole Wheat Ham &amp; Cheese Panini with Vegetables</b> 全麦火腿奶酪帕尼尼配蔬菜
<b>Daily vegetarian</b>	<b>ChongQing Noodles</b> 重庆风味小面	<b>Cheese Pizza</b> 素芝士披萨	<b>Japanese Fried vegetable with Rice</b> 日式蔬菜饭	<b>BaoZai Rice (V)</b> 时蔬煲仔饭	<b>Whole Wheat Cheese Panini with Vegetables</b> 全麦奶酪帕尼尼配蔬菜
<b>Drinks Salad Bar</b>	<b>Milk/Yogurt</b> 牛奶/酸奶 <b>Fresh Fruit and Salad</b> 新鲜水果和沙拉	<b>Milk/Yogurt</b> 牛奶/酸奶 <b>Fresh Fruit and Salad</b> 新鲜水果和沙拉	<b>Milk/Yogurt</b> 牛奶/酸奶 <b>Fresh Fruit and Salad</b> 新鲜水果和沙拉	<b>Milk/Yogurt</b> 牛奶/酸奶 <b>Fresh Fruit and Salad</b> 新鲜水果和沙拉	<b>Milk/Yogurt</b> 牛奶/酸奶 <b>Fresh Fruit and Salad</b> 新鲜水果和沙拉

	Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
<b>Soup</b>	Seaweed and Egg Soup 紫菜蛋汤	Red bean Congee 红豆粥	Pumpkin Soup 南瓜汤	Mullet Rice Congee 小米粥	Chinese style Cabbage and Vermicelli Soup 白菜粉丝汤
<b>Menu (A) Western</b>	Green Curry Chicken 泰式烩绿咖喱鸡 Baked Potato with Herb and Cream 烤土豆配香草奶油 Steam Carrot and Butter 黄油胡萝卜	Beef Goulash 匈牙利牛肉 Potato Gratin 奶油芝士焗土豆 French Green Peas 洋葱炒毛豆粒	Pasta with Bolognese 意面牛肉酱 Mixed Vegetable 混合时蔬 Garlic Bread 蒜茸面包	Fried fish 英式炸鱼 Fried Potato Angle 炸薯角 Cauliflower and Tomato 菜花炒小西红柿	Beef Stroganoff 俄式烩牛肉 Corn with Kidney Beans 玉米粒腰豆 Spinach and Onion Frittata 菠菜洋葱芝士蛋饼
<b>Style Menu (B) Asian</b>	Braised Pork with Bean curd 中式烧猪肉豆腐 Stirred Fried Rice Noodles with Cabbage 包菜炒米粉 Steamed Rice 米饭	Steamed Spicy Fish 剁椒风味鱼块 Scramble Egg with Tomato 番茄炒蛋 Vegetable Fried Rice 中式蔬菜炒饭	Stir-fried pork with Kimchee 辣白菜炒猪肉 Hot potato 酸溜土豆丝 Steamed Rice 米饭	Sichuan Fried chicken with Veggies 鱼香鸡丝 Sautéed Chinese Green 清炒油菜 Steamed Mixed Grain Rice 杂粮米饭	Braised Pork and Beancurd 小炖肉烩腐竹 Broccoli and Carrot with Garlic 蒜蓉西兰花胡萝卜 Steamed Rice 米饭
<b>Daily Special</b>	Pepperoni & Cheese Panini 意式风干肠奶酪帕尼尼	Beijing style Duck Wrap 北京风味鸭肉卷	Chinese steamed vegetable dumpling 中式素蒸饺	Sunny Veggies and Beef Pizza 田园芝士牛肉披萨	Sichuan Style cold Noodles 四川辣味凉面
<b>Daily vegetarian</b>	Cheese Panini 芝士帕尼尼	Beijing style Vegetable Wrap 北京风味蔬菜卷	Chinese steamed vegetable dumpling 中式素蒸饺	Sunny Veggies Cheese Pizza 田园芝士披萨	Sichuan Style Noodles 四川辣味凉面
<b>Drinks Salad Bar</b>	Milk/Yogurt 牛奶/酸奶 Fresh Fruit and Salad 新鲜水果和沙拉	Milk/Yogurt 牛奶/酸奶 Fresh Fruit and Salad 新鲜水果和沙拉	Milk/Yogurt 牛奶/酸奶 Fresh Fruit and Salad 新鲜水果和沙拉	Milk/Yogurt 牛奶/酸奶 Fresh Fruit and Salad 新鲜水果和沙拉	Milk/Yogurt 牛奶/酸奶 Fresh Fruit and Salad 新鲜水果和沙拉

	Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
<b>Soup</b>		<b>Mixed Beef Soup</b> 西湖牛肉羹	<b>Sweet Potato Porridge</b> 红薯粥	<b>Turnip Soup with Dry Shrimps</b> 海米白萝卜汤	<b>Egg Drop Soup</b> 蛋花汤
<b>Menu (A) Western</b>		<b>BBQ Mid-Eastern pork Tenderloin</b> 中东烤猪肉 <b>Corn on Cob</b> 甜玉米棒 <b>Broccoli with Garlic</b> 蒜蓉西兰花	<b>Bolognese Baked Pasta</b> 牛肉酱焗面 <b>Garlic Bread</b> 蒜蓉面包 <b>Mixed Vegetables</b> 混合时蔬	<b>Tuna pizza</b> 金枪鱼肉披萨 <b>Marguerite Pizza [V]</b> 芝士披萨 <b>Green Peas with Mushrooms</b> 蘑菇炒青豆	<b>Chicken with Mushrooms stew</b> 蘑菇红烩鸡肉 <b>Mixed Vegetables</b> 混合时蔬 <b>Baked Potato with Cheese</b> 芝士焗土豆饼
<b>Menu (B) Asian</b>		<b>Curry Beef</b> 咖喱牛肉丁 <b>Green Peas with Vegetables</b> 清炒毛豆粒彩椒 <b>Steamed Rice</b> 米饭	<b>Pork Stew with mix bean</b> 混合豆烩猪肉 <b>Sautéed Chinese Green</b> 清炒油菜 <b>Steamed Rice</b> 米饭	<b>Steamed Chicken with SoyBean Sauce</b> 豉香辣味蒸鸡 <b>Cabbage</b> 手撕包菜 <b>Mixed Fried Rice</b> 什锦炒饭	<b>Oyster sauce Beef</b> 蚝油牛肉片 <b>Beijing Style Braised Eggplant</b> 北京风味烩茄子 <b>Steamed Rice</b> 米饭
<b>Daily Special</b>		<b>Chinese Steamed ham Roll</b> 中式火腿卷	<b>Hong Kong Style Fried Beef Noodles</b> 港式黑椒牛肉炒面片	<b>Beijing Noodles with Egg Bean Paste</b> 老北京鸡蛋炸酱面	<b>Steamed Meat (Beef) Roll</b> 中式牛肉龙
<b>Daily vegetarian</b>		<b>Brown sugar steamed roll</b> 红糖花卷	<b>Hong Kong Style Fried Vegetable Noodles</b> 港式黑椒蔬菜炒面片	<b>Beijing Noodles with Egg Bean Paste</b> 老北京鸡蛋炸酱面	<b>Steamed Bun with pumpkin</b> 南瓜花卷
<b>Drinks Salad Bar</b>		<b>Milk/Yogurt</b> 牛奶/酸奶 <b>Fresh Fruit and Salad</b> 新鲜水果和沙拉	<b>Milk/Yogurt</b> 牛奶/酸奶 <b>Fresh Fruit and Salad</b> 新鲜水果和沙拉	<b>Milk/Yogurt</b> 牛奶/酸奶 <b>Fresh Fruit and Salad</b> 新鲜水果和沙拉	<b>Milk/Yogurt</b> 牛奶/酸奶 <b>Fresh Fruit and Salad</b> 新鲜水果和沙拉

	Monday 29	Tuesday 30	Wednesday 31	Thursday	Friday
<b>Soup</b>	<b>Hot Pear Water</b> 梨汤	<b>Purple Rice Porridge</b> 紫米粥	<b>Minestrone Soup</b> 意式蔬菜汤		
<b>Menu (A) Western</b>	<b>chicken Vegetable Pizza</b> 鸡肉蔬菜披萨 <b>Marguerite Pizza [V]</b> 芝士披萨 <b>Green Peas with Mixed Vegetables</b> 时蔬炒毛豆粒	<b>BBQ Duck</b> 蜜汁烤鸭肉 <b>Tomato Cauliflower Gratin</b> 奶油焗番茄菜花 <b>Mashed Potato</b> 土豆泥	<b>Provence Style Beef Stew</b> 普罗旺斯烩牛肉 <b>Sweet Corn</b> 黄油玉米粒 <b>Broccoli &amp; Carrot</b> 清炒西兰花胡萝卜		
<b>Menu (B) Asian</b>	<b>Dry Fish</b> 干烧鱼块 <b>Garlic and Cumin Cauliflower</b> 蒜香孜然菜花 <b>Steamed Rice</b> 二米饭	<b>Stewed Bamboo Shoot with Fillet Steak</b> 冬笋辣味烧牛肉片 <b>Poached Vegetable Heart</b> 白灼菜心 <b>Steamed Rice</b> 米饭	<b>Braised Pork with kelp</b> 中式烧猪肉海带 <b>Fried Cabbage in Black Bean sauce</b> 豆豉汁炒包菜 <b>Steamed Mixed Grain Rice</b> 杂粮米饭		
<b>Daily Special</b>	<b>Fresh Vegetable Cheese Sandwich</b> 健康蔬菜芝士三明治	<b>Steamed Bun with Leek and ham</b> 葱香火腿花卷	<b>Beijing Noodle with Tomato Egg Sauce</b> 番茄鸡蛋打卤面		
<b>Daily vegetarian</b>	<b>Fresh Vegetable Sandwich</b> 健康蔬菜三明治	<b>Steamed Bun with Leek</b> 葱香花卷	<b>Beijing Noodle with Tomato Egg Sauce</b> 番茄鸡蛋打卤面		
<b>Drinks Salad Bar</b>	<b>Milk/Yogurt</b> 牛奶/酸奶 <b>Fresh Fruit and Salad</b> 新鲜水果和沙拉	<b>Milk/Yogurt</b> 牛奶/酸奶 <b>Fresh Fruit and Salad</b> 新鲜水果和沙拉	<b>Milk/Yogurt</b> 牛奶/酸奶 <b>Fresh Fruit and Salad</b> 新鲜水果和沙拉		