



# BIBA Elementary School 1-2 Set Menu 2018



	Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
<b>Soup</b>	Chinese Cabbage with Vermicelli Soup 白菜粉丝汤	Corn Soup 玉米羹	Purple rice Porridge 紫米粥	Tofu and Fungus Soup 木耳豆腐羹	Tomato and Egg Soup 番茄蛋汤
<b>Lunch Menu</b>	Roasted Chicken with Mushroom Sauce 西式烤鸡蘑菇汁 Sautéed Mixed Beans 炒混合豆 Sautéed Beef with Cumin (Beef, onion) 孜然牛肉 (牛肉、洋葱) Sautéed Lettuces Root 清炒莴笋 Steamed Rice 米饭	Braised Beef with Red Kidney Bean 红腰豆焖牛肉 Celery & Carrot 炒西芹胡萝卜 Pizza Margarita and tuna 金枪鱼芝士披萨 Scramble Egg with Tomato 番茄炒蛋 Steamed Rice 米饭	BBQ Pork 烧烤猪梅花肉 Sweet Corn 黄油玉米粒 Chinese chicken wing 中式烩鸡翅 Fried Chinese Cabbage with Vinegar 醋溜白菜 Steamed Rice 米饭	Hawaiian ham pineapple pizza 夏威夷火腿菠萝披萨 Mixed Vegetables 混合时蔬 Braised Beef with Turnip 萝卜炖牛肉 Sautéed Potato Juliennes 彩椒土豆丝 Steamed Rice 米饭	Pasta with Bacon Tomato Sauce 意面番茄培根酱 Broccoli with Carrot 西兰花炒胡萝卜 Boiled Beef 蚝油牛肉粒 Fried or Vegetables 中式炒合菜 Steamed Rice 米饭
<b>Salad Bar</b>	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉
<b>Drinks</b>	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶



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	Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
Soup	Seaweed and Egg Soup 紫菜蛋汤	Red Bean Congee 红豆粥	pumpkin soup 中式南瓜汤	Mullet Rice Congee 小米粥	Winter Melon and Vermicelli Soup 冬瓜粉丝汤
Lunch Menu	Roasted Tandoori Chicken 印度烤鸡 Steam Carrots Stick 胡萝卜条 Braised Pork with kelp 中式烧猪肉海带 Cabbage 手撕包菜 Steamed Rice 米饭	Beef Goulash 匈牙利牛肉 Potato With Gravy 烧汁土豆 Scramble egg with shrimps 滑蛋虾仁 Broccoli with Garlic 蒜蓉西兰花 Chinese Vegetable Fried Rice 中式蔬菜炒饭	Pasta with Bolognaise 意面牛肉酱 Ratatouille 番茄烩时蔬 Stir-fried chicken with Green Pepper 炒彩椒鸡片 Sautéed Chinese Green 清炒菜心 Steamed Mixed Grain Rice 杂粮米饭	Fried Fish with Tomato Sauce 炸鱼块番茄汁 Broccoli 蒜香西兰花 Beef and Vegetable 牛肉碎炒蔬菜 Vegetable Fried Corn 时蔬玉米粒 Steamed Rice 米饭	Beef Stroganoff 俄式烩牛肉 French Green Peas 炒青豆 Steamed Meat (pork)Roll 中式猪肉龙 Scramble Egg With Tomato 番茄炒蛋 Steamed Rice 米饭
Salad Bar	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉
Drinks	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶



# BIBA Elementary School 1-2 Set Menu 2018



	Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
<b>Soup</b>	Tomato Soup 番茄汤	White Radish Soup with Dry Shrimps 海米白萝卜汤	Sweet Potato Porridge 红薯粥	Egg Drop Soup 蛋花汤	Mixed Beef Soup 西湖牛肉羹
<b>Lunch Menu</b>	Grilled Chicken with Honey and Oregano 蜜汁香草烤鸡 Sautéed Celery with Bell Pepper 西芹炒彩椒 Sautéed Pork With Mushroom 香菇炒猪肉 Cauliflower with Tomato Sauce 茄汁菜花 Rice 米饭	Tuna pizza 金枪鱼披萨 Green Peas with Mixed Vegetables 时蔬炒青豆 Oyster sauce Beef 蚝油牛肉片 Cabbage 清炒包菜 Mixed Fried Rice 什锦炒饭	Baked Pasta with Bacon Tomato Sauce 焗意面番茄培根酱 Mixed Vegetables 混合时蔬 Dry Fish 糖醋鱼块 Braised winter Melon 烧冬瓜 Steamed Rice 米饭	Curry chicken 咖喱鸡丁 Broccoli with corn 西兰花玉米粒 Braised Pork with Teriyaki Sauce 红烧猪肉 Beijing style Braised Eggplant 北京风味烩茄子 Steamed Rice 米饭	BBQ Pork 蜜汁烤猪肉 Vegetable Stew 番茄烩时蔬 Tomato Beef Fricassee 番茄焖牛肉 Vegetable Fried Bean skin 蔬菜炒豆皮 Steamed Rice 米饭
<b>Salad Bar</b>	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉
<b>Drinks</b>	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶



# BIBA Elementary School 1-2 Set Menu 2018



	Monday 29	Tuesday 30	Wednesday 31		
<b>Soup</b>	Hot Pear Water 梨汤	Purple rice porridge 紫米粥	Minestrone Soup 意式蔬菜汤		
<b>Lunch Menu</b>	BBQ chicken Pizza 烤鸡肉披萨 Green Peas with Mixed Vegetables 时蔬炒毛豆 Braised Beef with Teriyaki sauce 照烧牛肉 Celery with dry Bean Curd 香干芹菜 Steamed Rice 米饭	BBQ Duck 蜜汁烤鸭肉 Tomato Cauliflower Gratin 奶油焗番茄菜花 Stewed Bamboo Shoot with Fillet Steak 冬笋烧牛肉 Poached Vegetable Heart 白灼菜心 Steamed Rice 米饭	Provence Style Beef Stew 普罗旺斯烩牛肉 Sweet Corn 黄油玉米粒 Steamed Pork Patties with Soy sauce 蒸肉饼红烧汁 Sautéed Chinese Green 清炒油菜 Steamed Mixed Grain Rice 杂粮米饭		
<b>Salad Bar</b>	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉		
<b>Drinks</b>	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶		