

BIBA
ECC Breakfast Menu

Monday 8/22	Tuesday 9/23	Wednesday 10/24	Thursday 11/25	Friday 12/26
Milk 牛奶	Milk 牛奶	Milk 牛奶	Milk 牛奶	Milk 牛奶
Vegetable Congee 中式蔬菜粥	Chinese Noodle Soup 中式蔬菜疙瘩汤	Pumpkin Congee 南瓜粥	Mullet Rice Congee 小米粥	Red Bean Congee 红豆粥
Beef & Vegetable 牛肉末炒蔬菜	Fried Noodle with Chicken & Vegetable Julienne 鸡丝炒面	Steamed chicken Patties with Vegetables 蔬菜蒸肉饼 (鸡肉)	Steamed Meat (Beef) Roll 自制牛肉卷	Chicken Balls 氽鸡肉丸
Homemade Braised Egg 自制卤蛋	Sautéed Egg with Color pepper 彩椒摊鸡蛋	Steamed Egg with mushroom 香菇蒸蛋	Boiled Egg 煮蛋	Sautéed Egg with Vegetables 黄瓜炒蛋
Croissant 牛角包	Steamed Broccoli 西兰花	Polenta Cake 玉米发糕	Boiled Chinese Greens 白灼菜心	Soft Roll 软面包

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ECC Breakfast Menu

Monday 15/29	Tuesday 16/30	Wednesday 17/31	Thursday 18	Friday 19
Milk 牛奶	Milk 牛奶	Milk 牛奶	Milk 牛奶	Milk 牛奶
Purple Rice Congee 中式紫米粥	Chinese Noodle Soup 中式蔬菜汤面	Sweet Potato Congee 红薯粥	Mullet Rice Congee 小米粥	Red Bean Congee 红豆粥
Beef & carrot and corn 牛肉炒胡萝卜玉米粒	Fried Rice with Chicken & Vegetable Dice 鸡肉蔬菜炒饭	Sautéed beef Mince with Green Peas 牛肉末炒毛豆粒	Pancake with Beef & Vegetables 牛肉蔬菜蛋饼	Fried Noodle with Chicken & Vegetables 鸡肉蔬菜炒面
Croissant 牛角包	Scramble Egg 西式搅蛋	Steamed Egg 蒸蛋羹	Boiled Egg 煮蛋	Sautéed Egg with Vegetables 蔬菜炒蛋
Homemade Braised Egg 自制卤蛋	Sautéed Celery 清炒芹菜	Steamed Bun 自制花卷	Steamed Broccoli 西兰花	Boiled Chinese Greens 白灼菜心