



BIBA G3-G5 Lunch Menu MAY 2018

	Monday	Tuesday	Wednesday 2	Thursday 3	Friday 4
Soup			Purple rice Porridge 紫米粥	Tofu and Fungus Soup 木耳豆腐羹	Tomato and Egg Soup 番茄蛋汤
Menu (A) Western			BBO Pork 烧烤猪梅花肉 Sweet Corn 黄油玉米粒 Creamy Mashed Potato and Cheese 芝士焗土豆泥	Italian Duck Mushroom gravy 意大利烤鸭胸蘑菇汁 Mixed Vegetables 混合时蔬 Garlic Bread 香草面包	Pasta with Bacon Tomato Sauce 意面番茄培根酱 Broccoli with Carrot 西兰花炒胡萝卜 Potato Wedges 薯角
Menu (B) chinese			Chinese chicken wing 中式烩鸡翅 Fried Chinese Cabbage with Vinegar 醋溜白菜 Steamed Rice 米饭	Braised Beef with Turnip 萝卜炖牛肉 Sautéed Potato Juliennes 彩椒土豆丝 Steamed Rice 米饭	Boiled Beef 蚝油牛肉粒 Fried or Vegetables 中式炒合菜 Steamed Rice 米饭
Daily Special			Teriyaki Beef with Rice 日式牛肉饭	Bao Zai Rice 时蔬腊肠煲仔饭	New Orleans Roast Chicken Burger 奥尔良鸡肉汉堡
Salad Bar			Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉
Drinks			Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶

Each Set Meal Comes With: Soup + Menu A/Menu B/Menu C+ Salad + Drink(v) Vegetarian Dish



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	Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11
Soup	Seaweed and Egg Soup 紫菜蛋汤	Green Pea Congee 绿豆粥	Pumpkin Soup 南瓜汤	Mullet Rice Congee 小米粥	Chinese Cabbage and Vermicelli Soup 白菜粉丝汤
Menu (A) Western	Chicken with Lemon and Herb 柠檬香草焗鸡肉 Baked Potato with Herb and Cream 烤土豆配香草奶油 Steam Carrots Stick 胡萝卜条	Beef Goulash 匈牙利牛肉 French fries 炸薯条 French Green Peas 洋葱炒青豆	Pasta with Bolognese 意面牛肉酱 Ratatouille 番茄烩时蔬 Garlic Bread 蒜茸面包	Braised chicken Shoulder 焖鸡肉烧汁 Broccoli 蒜香西兰花 Fried Potato 炸新鲜薯角	Beef Stroganoff 俄式烩牛肉 Corn with red Beans 玉米粒腰豆 Creamy Cauliflower 奶油焗菜花
Menu (B) chinese	Braised Pork with kelp 中式烧猪肉海带 Scramble Egg With Tomato 番茄炒蛋 Steamed Rice 米饭	Scramble egg with Shrimps 滑蛋虾仁 Broccoli with Garlic 蒜蓉西兰花 Chinese Vegetable Fried Rice 中式蔬菜炒饭	Stir-fried Chicken With Green Pepper 炒彩椒鸡片 Sautéed Chinese Green 清炒菜心 Steamed Mixed Grain Rice 杂粮米饭	Scramble Egg with Beef and Vegetable 牛肉碎蔬菜炒鸡蛋 Vegetable Fried Corn 时蔬玉米粒 Steamed Rice 米饭	Pork with Black Bean Sauce 豉香味猪肉丁 Cabbage 手撕包菜 Steamed Rice 米饭
Daily Special	Bacon cheese burger 培根芝士汉堡	Braised Pork With Rice 东坡卤猪肉饭	Homemade chocolate cake 自制巧克力蛋糕	Beijing Noodles with Pork Bean Paste 老北京猪肉炸酱面	Chicken Wrap 鸡柳卷
Salad Bar	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉
Drinks	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶

Each Set Meal Comes With: Soup + Menu A/Menu B/Menu C+ Salad + Drink(v) Vegetarian Dish



BIBA G3-G5 Lunch Menu MAY 2018

	Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18
Soup	Tomato Soup 番茄汤	White Radish Soup with Dry Shrimps 海米白萝卜汤	Sweet Potato Porridge 红薯粥	Egg Drop Soup 蛋花汤	Mixed Beef Soup 西湖牛肉羹
Menu (A) Western	Milan Beef Stew 米兰烩牛肉 Butter Carrot 黄油胡萝卜 Mashed Potato 土豆泥	Tuna pizza 金枪鱼披萨 Marguerite Pizza [V] 芝士披萨 Green Peas with Mixed Vegetables 时蔬炒青豆	Beef Tomato Sauce Baked Pasta 牛肉茄汁酱焗面 Garlic Bread 蒜蓉面包 Mixed Vegetables 混合时蔬	Stewed Chicken With Cream Mushrooms 奶油蘑菇烩鸡 Mixed Vegetables 混合时蔬 Baked Potato With Cheese 芝士焗土豆饼	BBQ Pork 蜜汁烤猪肉 Corn on Cob 甜玉米棒 Vegetable Stew 香草烩时蔬
Menu (B) chinese	Braised Pork With Mushroom 红烧猪肉香菇 Cauliflower with Tomato Sauce 茄汁菜花 Rice 米饭	Steamed Chicken with Black Bean Sauce 豉香味蒸鸡 Cabbage 手撕包菜 Mixed Fried Rice 什锦炒饭	Dry Fish 糖醋鱼块 Braised Winter Melon 烧冬瓜 Steamed Rice 米饭	Braised Pork With Teriyaki Sauce 红烧猪肉 Beijing style Braised Eggplant 北京风味烩茄子 Steamed Rice 米饭	Tomato Beef Fricassee 番茄烩牛肉 Vegetable Fried Bean skin 蔬菜炒豆皮 Steamed Rice 米饭
Daily Special	Beijing Noodle with Tomato Egg Sauce 番茄鸡蛋打卤面	Whole Wheat Ham & Cheese Panini with Vegetables 全麦火腿奶酪帕尼尼配蔬菜	Hong Kong Style Fried Chicken Noodles 港式黑椒鸡肉炒河粉	Grilled Ham and Cheese Sandwich 煎火腿奶酪三文治	Steamed Meat (beef) Roll 中式牛肉龙
Salad Bar	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉
Drinks	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶

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BIBA G3-G5 Lunch Menu MAY 2018

	Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25
Soup	Red Bean Tremella soup 红豆银耳羹	Purple Rice Porridge 紫米粥	Minestrone Soup 意式蔬菜汤	Leek and Potato Soup 大葱土豆汤	Hot Pear Water 梨汤
Menu (A) Western	Red wine Stewed Beef 红烩牛肉 Mixed Vegetables 混合时蔬 Baked Potato With Herb and Cream 烤土豆配香草奶油	BBQ Duck 蜜汁烤鸭肉 Tomato Cauliflower Gratin 奶油焗番茄菜花 Mashed Potato 土豆泥	Provence Style Beef Stew 普罗旺斯烩牛肉 Sweet Corn 黄油玉米粒 Broccoli & Carrot 清炒西兰花胡萝卜	French lardon Bacon Pizza 法式培根披萨 Marguerite Pizza [V] 芝士披萨 Green Peas with Mixed Vegetables 时蔬炒青豆	Poulette Rôtie (French Style Roasted Chicken) 法式烤鸡 French fries 炸薯条 Ratatouille 番茄烩时蔬
Menu (B) asian	Sautéed Pork with Vegetable Tofu 什锦蔬菜猪肉丁烧豆泡 Fresh Cabbage in Black Bean Sauce 豉香味白菜 Steamed Rice 米饭	Stewed Bamboo Shoot with Fillet Steak 冬笋烧牛肉 Poached Vegetable Heart 白灼菜心 Steamed Rice 米饭	Braised Pork with Kelp 中式烧猪肉海带 Sautéed Chinese Green 清炒油菜 Steamed Mixed Grain Rice 杂粮米饭	Braise in soy sauce Fish 红烧鱼块 Garlic and Cumin Cauliflower 蒜香孜然菜花 Steamed Rice 二米饭	Braised Beef with Teriyaki sauce 照烧牛肉 Celery with dry Bean Curd 香干芹菜 Steamed Rice 米饭
Daily Special	Thai Curry Chicken Rice 咖喱鸡肉饭	Whole wheat Ham & Cheese Panini with Vegetables 全麦火腿奶酪帕尼尼配蔬菜	Beijing Noodle with Tomato Egg Sauce 番茄鸡蛋打卤面	Chocolate croissant 巧克力牛角包	Vegetable Cheese Sandwich 健康蔬菜芝士三明治
Salad Bar	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉
Drinks	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶

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BIBA G3-G5 Lunch Menu MAY 2018

	Monday 28	Tuesday 29	Wednesday 30	Thursday 31	Friday
Soup	Tomato Egg Soup 番茄鸡蛋汤	Corn Soup 玉米羹	Tofu and Fungus Soup 木耳豆腐羹	Ream potato Soup 奶油土豆汤	
Menu (A) Western	Roasted Pork With Gravy 烤猪肉烧汁 Green Peas & Carrots 青豆胡萝卜 Potato Wedges 薯角	Chicken Fricassee Stew 奶油烩鸡肉 Roasted Potato 烤土豆 Mixed Vegetables 混合时蔬	Pasta Carbonara 意面培根汁 Sautéed Broccoli 炒西兰花玉米粒 Garlic Bread 蒜蓉面包	HomeMad chicken Balls with Onion Sauce 自制鸡肉丸配洋葱汁 Steam Carrot Stick 胡萝卜条 Mashed Potatoes 奶香土豆泥	
Menu (B) Chinese	Sautéed Beef with Cumin (Beef, onion) 孜然牛肉 (牛肉、洋葱) Scramble Egg With Tomato 番茄炒蛋 Steamed Rice 米饭	Braised Pork With Egg (Egg, pork) 元宝蛋猪烧猪肉 (鹌鹑蛋、猪肉) Cole With Black Mushroom 香菇油菜 Steamed Red Bean Rice 红豆米饭	Braised Beef with Turnip 萝卜炖牛肉 Bok Choy 炒菜心 Steamed Rice 米饭	Black Pepper Beef 黑椒牛肉 Lettuce Root 清炒莴笋 Fried Rice with Mixed Vegetable 什锦炒饭	
Daily Special	Cheese Pizza 素芝士披萨	Arabian Style Beef .Pitta 阿拉伯牛肉口袋饼	Homemade Ham and Cheese Sandwich 自制火腿芝士三明治	Sugar Doughnut 糖霜面包圈	
Salad Bar	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	
Drinks	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	

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