



BIBA G1-G2 Lunch Menu MAY 2018



	Monday	Tuesday	Wednesday 2	Thursday 3	Friday 4
Soup			Purple rice Porridge 紫米粥	Tofu and Fungus Soup 木耳豆腐羹	Tomato and Egg Soup 番茄蛋汤
Lunch Menu			BBQ Pork 烧烤猪梅花肉 Sweet Corn 黄油玉米粒 Chinese chicken wing 中式烩鸡翅 Fried Chinese Cabbage with Vinegar 醋溜白菜 Steamed Rice 米饭	Italian Duck Mushroom gravy 意大利烤鸭胸蘑菇汁 Mixed Vegetables 混合时蔬 Braised Beef with Turnip 萝卜炖牛肉 Sautéed Potato Juliennes 彩椒土豆丝 Steamed Rice 米饭	Pasta with Bacon Tomato Sauce 意面番茄培根酱 Broccoli with Carrot 西兰花炒胡萝卜 Boiled Beef 蚝油牛肉粒 Fried or Vegetables 中式炒合菜 Steamed Rice 米饭
Salad Bar			Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉
Drinks			Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶

Each Set Meal Comes With: Soup + Menu A/Menu B/Menu C+ Salad + Drink



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	Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11
Soup	Seaweed and Egg Soup 紫菜蛋汤	Green Pea Congee 绿豆粥	pumpkin soup 中式南瓜汤	Mullet Rice Congee 小米粥	Chinese Cabbage and Vermicelli Soup 白菜粉丝汤
Lunch Menu	Chicken with Lemon and Herb 柠檬香草烩鸡肉 Steam Carrots Stick 胡萝卜条 Braised Pork with kelp 中式烧猪肉海带 Scramble Egg with Tomato 番茄炒蛋 Steamed Rice 米饭	Beef Goulash 匈牙利牛肉 Potato With Gravy 烧汁土豆 Scramble egg with shrimps 滑蛋虾仁 Broccoli with Garlic 蒜蓉西兰花 Chinese Vegetable Fried Rice 中式蔬菜炒饭	Pasta with Bolognese 意面牛肉酱 Ratatouille 番茄烩时蔬 Stir-fried chicken with Green Pepper 炒彩椒鸡片 Sautéed Chinese Green 清炒菜心 Steamed Mixed Grain Rice 杂粮米饭	Braised chicken Shoulder 焖鸡肉烧汁 Broccoli 蒜香西兰花 Scramble Egg with Beef and Vegetable 牛肉碎蔬菜炒鸡蛋 Vegetable Fried Corn 时蔬玉米粒 Steamed Rice 米饭	Beef Stroganoff 俄式烩牛肉 Corn with red Beans 玉米粒腰豆 Steamed Meat (pork)Roll 中式猪肉龙 Cabbage 手撕包菜 Steamed Rice 米饭
Salad Bar	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉
Drinks	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶

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	Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18
Soup	Tomato Soup 番茄汤	White Radish Soup with Dry Shrimps 海米白萝卜汤	Sweet Potato Porridge 红薯粥	Egg Drop Soup 蛋花汤	Mixed Beef Soup 西湖牛肉羹
Lunch Menu	Milan Beef Stew 米兰烩牛肉 Butter Carrot 黄油胡萝卜 Braised Pork with Mushroom 红烧猪肉香菇 Cauliflower with tomato sauce 茄汁菜花 Rice 米饭	Tuna pizza 金枪鱼披萨 Green Peas with Mixed Vegetables 时蔬炒青豆 Steamed chicken with Black Bean Sauce 豉香味蒸鸡 Cabbage 清炒包菜 Mixed Fried Rice 什锦炒饭	Steamed Beef Roll 自制牛肉龙 Mixed Vegetables 混合时蔬 Fried chicken with colored popper 彩椒炒鸡丝 Braised winter Melon 烧冬瓜 Steamed Rice 米饭	Stewed Chicken with Cream Mushrooms 奶油蘑菇烩鸡 Mixed Vegetables 混合时蔬 Braised Pork with Teriyaki Sauce 红烧猪肉 Beijing style Braised Eggplant 北京风味烩茄子 Steamed Rice 米饭	BBQ Pork 蜜汁烤猪肉 Vegetable Stew 番茄烩时蔬 Tomato Beef Fricassee 番茄焖牛肉 Vegetable Fried Bean skin 蔬菜炒豆皮 Steamed Rice 米饭
Salad Bar	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉
Drinks	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶

Each Set Meal Comes With: Soup + Menu A/Menu B/Menu C+ Salad + Drink



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MAY 2018

	Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25
Soup	Red Bean Tremella soup 红豆银耳羹	Purple rice porridge 紫米粥	Minestrone Soup 意式蔬菜汤	Leek and potato soup 大葱土豆汤	Hot Pear Water 梨汤
Lunch Menu	Red wine stewed Beef 红烩牛肉 Mixed Vegetables 混合时蔬 Pan fried pork Pancake with Egg 猪肉鸡蛋烙饼 Fresh Cabbage in Black bean Sauce 豉香味白菜 Steamed Rice 米饭	BBQ Duck 蜜汁烤鸭肉 Tomato Cauliflower Gratin 奶油焗番茄菜花 Stewed Bamboo Shoot with Fillet Steak 冬笋烧牛肉 Poached Vegetable Heart 白灼菜心 Steamed Rice 米饭	Provence Style Beef Stew 普罗旺斯烩牛肉 Sweet Corn 黄油玉米粒 Braised Pork with kelp 中式烧猪肉海带 Sautéed Chinese Green 清炒油菜 Steamed Mixed Grain Rice 杂粮米饭	French lardon Bacon Pizza 法式培根披萨 Green Peas with Mixed Vegetables 时蔬炒青豆 Egg Custard with Shrimp mushroom 香菇虾仁鸡蛋羹 Garlic and Cumin Cauliflower 孜然菜花 Steamed Rice 二米饭	Poulette Rôtie (French Style Roasted Chicken) 法式烤鸡 Ratatouille 番茄烩时蔬 Braised Beef with Teriyaki sauce 照烧牛肉 Celery with dry Bean Curd 香干芹菜 Steamed Rice 米饭
Salad Bar	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉
Drinks	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶

Each Set Meal Comes With: Soup + Menu A/Menu B/Menu C+ Salad + Drink



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	Monday 28	Tuesday 29	Wednesday 30	Thursday 31	Friday
Soup	Tomato Egg Soup 番茄鸡蛋汤	Corn Soup 玉米羹	Tofu and Fungus Soup 木耳豆腐羹	Ream potato soup 奶油土豆汤	
Lunch Menu	Roasted Pork with Grav 烤猪肉烧汁 Green Peas & Carrots 青豆胡萝卜 Sautéed Beef with Cumin (Beef, onion) 孜然牛肉 (牛肉、洋葱) Scramble Egg with Tomato 番茄炒蛋 Steamed Rice 米饭	Chicken Fricassee Stew 奶油烩鸡肉 Mixed Vegetables 混合时蔬 Braised Pork With Egg (Egg, pork) 元宝蛋猪烧猪肉 (鹌鹑蛋、猪肉) Cole With Black Mushroom 香菇油菜 Steamed Red Bean Rice 红豆米饭	Pasta Carbonara 意面培根汁 Sautéed Broccoli 炒西兰花玉米粒 Braised Beef with Turnip 萝卜炖牛肉 Bok Choy 炒菜心 Steamed Rice 米饭	HomeMad chicken Balls with Onion Sauce 自制鸡肉丸配洋葱汁 Steam carrot Stick 胡萝卜条 Steamed Beef Roll 自制牛肉龙 Lettuce Root 清炒莴笋 Fried Rice with Mixed Vegetable 什锦炒饭	
Salad Bar	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	Fresh Fruit and Salad 新鲜水果和沙拉	
Drinks	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	Milk/Yogurt 牛奶/酸奶	

Each Set Meal Comes With: Soup + Menu A/Menu B/Menu C+ Salad + Drink